



Equipment list for tours

Alpine Ski Tour

Technical material: Touring skis, poles, skins, crampons, ski touring boots, avalanche shovel, avalanche probe, Barryvox, climbing irons, Ice pick, climbing harness, 2 screw carabines, sling 120cm, Rucksack 30 to max. 40l.

Clothing: Gore Tex Jacket, ski touring trousers, soft shell jacket, thin **and** thick gloves, hat, spare clothes.

Miscellaneous: Sunglasses **and** goggles, sunhat, sun cream, lunch (can also be bought in the huts), water bottle, headlamp, plasters for blisters, SAC card, money, camera, toiletries, silk sleeping bag.

Day Ski and Freeride Tours, Avalanche Course

Technical material: Touring or Freeride skis with touring bindings, poles, skins, possibly crampons, touring or ski boots, avalanche shovel, avalanche probe, Barryvox, Rucksack to 30l, ABS Rucksack (recommended), Helmet (recommended).

Clothing: Gore Tex jacket, ski touring trousers, thick and possibly thin gloves, hat.

Miscellaneous: Sunglasses **and** goggles, sun cream, possibly lunch and something to drink, camera.

Summer Alpine Tours and Glacier Trekking

- Technical material: Climbing boots, crampons, Ice pick, possibly trekking poles, harness, 1 screw carbine, depending on the tour climbing helmet and web sling 120cm, Rucksack max. 35l.
- Clothing: Gore Tex Jacket, hiking trousers, soft shell jacket, thick and possibly thin gloves, hat.
- Miscellaneous: Sunglasses, sun hat, sun cream, lunch (can also be bought in the huts), water flask, head lamp, plasters for blisters, SAC card, money, camera, toiletries, silk sleeping bag.

Via Ferrata

- Technical material: Climbing boots or strong hiking boots, possibly trekking poles, harness, via ferrata climbing-set, 1 screw carbine, possibly web sling 60cm, climbing helmet, rucksack max 30l.
- Clothing: Gore Tex Jacket, hiking trousers, possibly shorts, soft shell jacket, thin gloves or garden gloves.
- Miscellaneous: Sunglasses, sun hut, sun cream, lunch, something to drink, camera.
- Via Ferrata Camps: Climbing shoes, if needed: screw carabines, quick draw, slings, money, swim wear for the Hot Tub, toiletries, silk sleeping bag.

Hiking

- Technical material: Strong hiking boots, possibly trekking poles, Rucksack max 30l.
- Clothing: Gore Tex Jacket, hiking trousers, possibly shorts, soft shell jacket.
- Miscellaneous: Sunglasses, sun hat, sun cream, lunch, something to drink, camera.

Good tip: As always, less is more!

